



SCHOOLGIRLS ROWING 2015 GUIDELINES

1. HOST SCHOOL ARRANGEMENTS (School coming off a rest year will host Regatta 2)

• Regatta 1	(9 th May)	PLC	Canning Bridge ↑
• Regatta 2	(23 rd May)	PEN	Canning Bridge ↑
• Regatta 3	(6 th June)	PC	Champion Lakes
• Regatta 4	(13 th June)	STH	Champion Lakes
• Head of the River Regatta	(27 th June)	JTC	Champion Lakes

2. OTHER AREAS OF RESPONSIBILITY: (to be rotated annually)

• Secretary School/Boat Coordinator	PEN
• Draw	PLC
• Programmes and consultation re draw	PC
• Computing of Results & Media	STH
• Trophies, Cox Course	JTC
• Videoing of Finishes, Bow Numbers	MLC

3. MEETINGS:

- To be held at the Rowing Secretary School (PEN) on Monday mornings at 9.00am (unless HOS Meeting)
- A maximum of two representatives per IGSSA school and JTC to attend these meetings. Approval from the committee is required for 3 participants.
- Voting rights - one vote per IGSSA school and JTC
- A meeting of all Coordinators will be held at 7.45am before each regatta to advise of scratching's and to discuss any relevant information. The meeting will be held in the results room upstairs in the Rowing WA Clubhouse. At CLRC, please meet downstairs at the finishing tower.
- Bow numbers can be picked up from 7.30am from the RWA Clubhouse or at the Champion Lakes finishing tower on Regatta days.
- Meeting Dates for 2015:
 - Term 1 Monday 9 March (Penrhos 9am)
 - Term 2 **Friday 24 April (PC 8.30am)**, Monday 25 May & Monday 15 June (Penrhos 9am)
 - Term 3 Monday 3 August (Penrhos 9am – may be at Steves TBC)
- All meetings at 9.00am at the Secretary School **Penrhos**, except Friday 14 April which will start at 8.30am and be at **Perth College** (as it precedes a HOS Meeting)
- Cox course will be conducted by IGSSA (organised by JTC) - **Sunday 3rd May (TBC)**

4. OFFICIATING AT REGATTAS:

- Rowing WA will provide officials at all regattas.

5. PENNANTS AND TROPHIES:

- For the four regular regattas one pennant will be issued to the overall winning school. There will be no presentation ceremony for the regular regattas. The pennants will be in the colour of the Host School for that regatta and can be collected from the results room at the end of the regatta along with results.
- At the Head of the River Regatta trophies will be awarded to the winning school for all the following events:
 - Second Eight Trophy, First Eight Trophy, HOR Regatta Trophy and Season Trophy will be presented at the Head of the River presentation ceremony (no formal march required)
 - All other trophies and pennants will be packaged at the end of the HOR regattas for schools to take and hand out at their Rowing Dinners.

One pennant in the Host School's colours will be awarded to each member of a first placed crew & their coach, and a consistency pennant in black and gold will be awarded to the winning school for the season for all events.

6. PROGRAMMES:

- The programme for the first 4 regular regattas will show the draw but not the rower's names. (550 of these will be printed). Bundles of 80 will be made up for each IGSSA school (40 for JTC), with the remainder to be left in the clubhouse. Programmes are to be collected in labelled bundles along with bow numbers by each school.
- The Head of the River programme will be a more detailed one outlining the rower's names (~1500 of these will be printed and bundles of ~200 will be made up for each of the main rowing schools, the remainder will be left in the clubhouse). The Executive officer will confirm numbers prior to the event (based on school squad numbers) Programmes are to be collected along with bow numbers by each school. Please provide an up to date version of your school crest to the programme school.
- Head of the River programme must be emailed to the Executive Officer for approval prior to printing.
- The host school crest will appear on the regular regatta programmes. For the Head of the River Regatta programme the crests of all the IGSSA rowing schools plus JTC will appear on the cover.

Schools will submit the names of their Head of the River crews to the draw school – PLC (Annette Pearce) email: apearce@plc.wa.edu.au by **12 noon on the Friday, one week before the Head of the River.** The format for submitting the names is as follows:

first name then surname for stroke to bow, cox and coach.

**Eg. David Milne, Marshal Varley, Keith Reynolds, Dean Steadman, Luke Callier (cox),
Louise Carson (coach)**

- The Draw will be sent out to schools on the Tuesday prior to the Regatta at 12pm.

7. FEES:

- All rowers will be required to pay a Rowing Levy per rower to Rowing WA. **Each member school must submit their full squad to the IGSSA Executive Officer at the end of the second regatta so the Rowing WA Levy per rower can be finalised (and HOR merchandise names sorted).**
- Each school that is part of the committee will be required to pay **\$5 250 IGSSA Rowing Levy** to cover seasonal costs at the start of the season. An invoice will be sent at the start of the year and payment is to be made via EFT to the **Independent Girls Schools Rowing Account**.
- The need for further payments will be reviewed throughout the season.

8. ENTRIES:

Entries will be emailed to Annette Pearce at PLC by 2pm on the Monday before a regatta.

Online Entry forms can be found on the IGSSA website www.igssa.org.au

Contact details are: apearce@plc.wa.edu.au

This is the only format entries will be accepted. **The nomination form MUST include the names of all scullers for each event if they are to be considered for consistency awards.**

- The draw is to be verified by the consultation school (PC) and Executive Officer prior to publication to all schools.
- At the commencement of the Head of the River regatta, schools should submit their substitutions to the computing school (**for First Eight Crew only**) so that the correct names can be announced at the presentations.

9. CANCELLATIONS DUE TO WEATHER:

- In the case of predicted extreme weather conditions, the Host school in consultation with the IGSSA Executive Officer and Rowing WA will make any final decisions on a regatta's cancellation by 12pm on the Friday before the regatta.
- **Cancelled regatta and compensation of host school**
 - ◆ If a regatta is cancelled at Canning, or there was a late call to cancel at Champion Lakes (so IGSSA were still charged), the Rowing support groups would contribute \$400 each (\$2000 total)
 - ◆ If a regatta is cancelled at Champion Lakes ahead of time (so no charges for IGSSA), then IGSSA will contribute \$2000 in funds to the host school
 - ◆ Should a Head of the River be cancelled, this cost would be adjusted after consultation with the executive
- If an individual school decides to not row in a regatta due to predicted bad weather conditions then the Rowing Coordinator of that school should contact the IGSSA Executive Officer plus all coordinators by 12 noon on the day before the regatta. The school would still be required to carry out any other non-rowing responsibilities it had at the regatta such as hosting, scoring, videoing of finishes etc. The IGSSA Executive Officer will then coordinate what needs to happen as a result of this/these withdrawals.

- In the event of a decline in the weather during a regatta:
 - ♦ Rowing WA to announce correct race times if there are delays and to announce how late each race is to ensure girls are not out on the water waiting for longer than is necessary
 - ♦ If weather deteriorates a meeting is called and 1 representative from each school to speak. As per guidelines there is 1 vote per school.
 - ♦ The weather is checked on a live website for squalls
 - ♦ If weather is poor on website then delay 20 minutes and decide whether the girls on the water need to be returned to school area and possibly race later **or** race from another start point like the 100m or 500m.
 - ♦ Re –assess after the 20 minute delay by checking live weather website again.
 - ♦ Decision made to continue full regatta, cancel some events, or abandon regatta.

RULES AND REGULATIONS

10. General

- a) All events are categorised according to year group within a school. Year groups include Year 9 (clauses 11a-f), Year 10 (clauses 12a-e), Freshman (clauses 13a-f) and Senior (clauses 14a-f).
- b) Year 8 students are permitted to **cox** only in Schoolgirl Rowing Regattas.
- c) A coxswain can be in more than two events at a regatta and is permitted to cox any age group at a regatta. She may also cox in two age groups in the one regatta. This is to ensure that coxswains are suitable and to ensure the safety of all crews.
- d) No rower is permitted to row in different age groups/categories at the same regatta.
- e) Schools are required to fill events top down ie must compete in the A division event, then B division, then C division **except** when granted dispensation on written application to the Schoolgirl Rowing.
- f) In the event of a scratching, the Executive Officer must be notified and crews moved from a lower division to fill the higher division except when a dispensation has been granted. The Executive Officer will notify Shore Control and the scorers of a scratching. *(Eg if the First 8+ are scratched then the Second 8+ should move up to replace them- ie filling all events top down.)*
- g) In the event of a crew being late to the start for the race the school coordinator will notify the referee in the tower of the legitimate reason for lateness and **the referee may delay the start at their discretion**. If an “A” event rower arrives late and misses her start she may race in the B event but score no points and be recorded as a DNS – Did Not Start. If no notification is received and/or no permission given for a late crew from the tower and the crew is late to the start, the crew is awarded 1 false start.
- h) Girls are limited to rowing in two events per regatta.
- i) A school must have rowed in two regattas prior to the Head of the River in order to nominate a crew for the Head of the River Regatta in that event.
- j) Where a school enters a competitor in a single sculling event, they shall nominate each by name on the nomination sheet if they are to be considered for consistency points. Substitutions are permissible in single sculling events. Notification of this must be made to the ExO prior to the commencement of the event. **If a B sculler has raced at least twice during the season, she need not move up to the A division (in the case of injury / illness), but the ExO and other schools must be notified prior to the regatta.**
- k) If three or more crews are **nominated** for an event, then points for that event will count, even if less than three crews race in the event at the regatta.

- l) Where there are more than 7 nominations for an event, the event will be split into heats. If the weather is very poor then it is possible to split the event even if there are 6 boats in the races at Canning. These heats will be seeded after the first regatta according to the results of the previous regattas. Seeding for the Penultimate and Head of the River regatta will be determined by the results of all regattas. The first heat shall include the faster competitors and contain the greater number of competitors if there is an odd number of crews.
- m) The Champion Lakes Regattas are fielded from lane 8 to lane 1, so that the closest lanes to the island are always full.
- n) The Year 10 Eight A, Second Eight Race and First Eight Race, will be seeded with a draw occurring on the morning of the Head of the River Regatta. Year 10 8+ draw to happen at 7.30am, downstairs at the finishing tower, and First and Second Eight draw to happen at 9.45am. A school representative or coach must attend, and there will be a 10 minute window period for lane selection (IGSSA ExO at draw)
- o) All girls who took part in the Head of the River Regatta are expected to attend the presentation ceremony following the regatta.
- p) Students must be in correct uniform for presentation ceremony and the schools official zoot suit must not be defaced in anyway by written or taped on messages.
- q) The Executive Officer / Results school will forward regatta results and current standings in the consistency points electronically to all participating schools & the Executive Officer by the Monday following each regatta. The Executive Officer also forwards info to Rowing WA for publication on their website (as well as updating IGSSA website)
- r) Any changes to the rules can only be made at the last meeting of the Association each year to allow schools and coaches ample time to plan their program for the following season.

11) Year 9

- a) Year 9 events include 9A and B Eights, 9A–D Quads, 9A, B Single Sculls.
- b) A school is limited to enter a maximum of:
 - i) two crews for Eight events, (1 in A, 1 in B)
 - ii) four Quad events (1 in each division A, B, C and D) and
 - iii) two entries for Single Scull events (1 in A and 1 in B).
- c) A Year 9 may only row in 1 Quad Scull event at a particular regatta.
- d) A year 9 rower is eligible to row in Freshmen provided she has not rowed in a year 9 event at the same regatta. A year 9 rower is not permitted to row in a year 10 or Senior event
- e) In principal, Rowing Co-ordinators should make every effort to keep 9C and 9D Quads for less capable rowers. In the case of decimation of crews, then 9C Quad may use members of the Eights to fill in.
- f) Girls rowing in the Year 9 D Quad Sculls are not permitted to row in Year 9 Eight events at the same regatta. This event is for smaller or less capable rowers and are a unique group who only scull.

It is possible for 34 rowers from Year 9 to participate in any one regatta

12) Year 10

- a) Year 10 events include 10A and B Eights, **10 A – D Quads** & 10 A, B Single Sculls.
- b) A school is limited to enter a maximum of:
 - i) three crews for Eight events (1 in A, 1+ in B division)
 - ii) **four crews for Quad events (1 in each division A, B, C and D)** and
 - iii) two Single Scull events (1 in A and 1 in B).
- c) **Year 9s are not eligible to row in year 10 events, however freshman are if in year 10 (but they cannot row in both categories in the same regatta unless accepted by the committee and they must still be limited to 2 races).**
- d) A Year 10 student is eligible to row in a Senior event, provided that she has not rowed in a year 10 event at the same regatta, and that the Schoolgirl rowing committee is notified.
- e) If a year 10 is to row regularly as a Senior, it must be tabled at a Schoolgirl Rowing meeting. A year 10 student may replace a Senior rower due to illness or injury provided she does not row in the year 10 category at the same regatta.

It is possible for 42 rowers from Year 10 to participate in any one regatta

13) Freshman

- a) A freshman rower is defined as a girl year 9 to 12 who has not competed in a sweep or scull event in any regatta in any state or country prior to the first Schoolgirl Regatta of the competition season in question.
- b) Girls who have coxed races previously are still considered to be freshman, provided they meet the above criteria.
- c) If a Freshman Sculler is rowing in the Freshman Quad as well they must ensure they are able to make the start. The gaps at Champion Lakes in the programme to be adhered to especially for Freshman events.
- d) **If schools enter a standalone Year 9 crew in any freshman category, all other Year 9 categories must be filled.**
- e) Freshman events include Freshman A and B Eights, **Freshman A – D Quads**, Freshman A and B Single Sculls.
- f) A school is limited to enter a maximum of
 - i) three crews for Eight events (1 in A, 1+ in B division)
 - ii) **four crews for Quad events (1 in each division A, B, C and D)** and
 - iii) two crews for Single Scull events (1 in A and 1 in B).

It is possible for 38 freshman rowers to participate in any one regatta.

14) Senior

- a) Senior events include First and Second Eights, Senior Quads A-D, Schoolgirl Sculls A, B.
- b) A school is limited to enter a maximum of:
 - i) three crews for Eight events (1 in A, 1+ in B division),
 - ii) four crews for Senior Quad events (1 in A, 1 in B, 1 in C, 1 in D)
 - iii) two entries for Single Scull events (1 in A and 1 in B).
- c) In special circumstances due to illness/injury and in extreme cases, a school may request dispensation to row only their Senior Eight crew in the Second Eight event. Their times and performance shall be reviewed following the first two regular regattas and the decision made as to whether they shall remain in this event or move to the First Eight event for the remaining regattas.
- d) Rowers in the Schoolgirl Scull A event, shall be the school's highest ranked Year 11 or 12 Senior Sculler nominated for a single scull event.
- e) The Schoolgirl Scull B shall be the school's second ranked Year 11 or 12 sculler
- f) **Freshman are eligible to race as a senior if in year 11/12 (but they cannot row in both categories in the same regatta unless accepted by the committee and they must still be limited to 2 races)**

Hence it is possible for 42 senior rowers to participate in any one regatta.

15) Race delays due to boat breakages

Should a crew sustain a boat breakage at the start or in the First 100m of racing, the following course of action must take place:-

- the starter needs to notify the Referee
- Referee will inform the IGSSA EO
- IGSSA EO to contact Row Coord / Head of Sport (Must have mobiles on them!) – and they / coach must get to the boat
- Boat is fixed / alternative shell is rowed up to the start
- Other races to go on ahead, and the delayed race will be held where possible **or up to 20 minutes** after the delayed race start time (20 minute breaks in regatta programme can allow for this)

If this happens to the First Eight or Second Eight crew, the following will happen:-

- the starter needs to notify the Referee
- Referee will inform the IGSSA EO
- IGSSA EO to contact Row Coord / Head of Sport (Must have mobiles on them!) – and they / coach must get to the boat
- Boat is fixed, and in the meantime an alternative shell is rowed up to the start ASAP!
- If the breakage is in a Second 8 boat, the First 8 Crews to row ahead
- 1st and Second Eight crews have **20 minute leeway from the race start time at normal regattas, and 45 minute leeway at HOR regatta**
- **All boats must be given the opportunity to race for a Second or First Eight Race at the Head of the River. The start will be held for up to 45 minutes!**

16. Breach of Rules

In the event of a breach of the rules and regulations, a crew will be disqualified from the regatta and points for that regatta and the season adjusted accordingly. Any concerns should be expressed to the Executive Officer.

Rowing across Categories (Due to illness / injury)

Although this is not allowed based on the IGSSA guidelines, the committee will consider this on a case by case proposal.

The request must be raised and agreed on at the meeting prior to the regatta (ideally via email the day before) and all schools must be advised.

If the request is accepted, the crew may race at the regatta under the following circumstances:-

1. No regatta points awarded
2. Schools to receive only a manual place / time (as computer will record crew as dnf)
3. Consistency points will be kept for the crew
4. Schools must fill boats from the lower crews up

17. POINTS ALLOCATION:

	1st	2nd	3rd	4th	5th	6th	7th	8th
A 8 Crew 8	24	21	18	15	12	9		
B 8 Crew	18	15	12	9	6	3	2	1
A quad	13	11	9	7	5	3		
B quad	11	9	7	5	3	2		
C & D quad	9	7	5	3	2	1		
1st scull	9	7	5	3	2	1		
2nd scull	8	6	4	2	1	1		

18. ORDER OF EVENTS

2015 REGATTA TIMETABLE AND ORDER OF EVENTS

EVENT NO.	2015 EVENT	DISTANCE	REGATTA 1 - 4 TIME	REGATTA H.O.R. TIME
0	Old Scholars 8+	1000	NA	8.30
1	Senior Quad A	1500	8.30	8.36
2	Senior Quad B	1500	8.36	8.42
3	Senior Quad C	1500	8.42	8.48
4	Senior Quad D	1500	8.48	8.54
5	Yr 10 8+ A	1500	8.54	9.00
6	Yr 10 8+ B	1500	9.00	9.06
7	Schoolgirl Scull A	1500	9.06	9.12
8	Schoolgirl Scull B	1500	9.12	9.18
15 minute break for all Regattas				
9	Freshman 8+ A	1000	9.27	9.33
10	Freshman 8+ B	1000	9.33	9.39
11	Yr 9 Quad A	1000	9.39	9.45
12	Yr 9 Quad B	1000	9.45	9.51
13	Yr 9 Quad C	1000	9.51	9.57
14	Yr 9 Quad D	1000	9.57	10.03
15	Yr 10 Scull A	1000	10.03	10.09
16	Yr 10 Scull B	1000	10.09	10.15
17	Freshman Quad A	1000	10.15	10.21
18	Freshman Quad B	1000	10.21	10.27
19	Freshman Quad C	1000	10.27	10.33
20	Freshman Quad D	1000	10.33	10.39
21	Yr 9 8+ A	1000	10.39	10.45
22	Yr 9 8+ B	1000	10.45	10.51
23	Yr 10 Quad A	1000	10.51	10.57
24	Yr 10 Quad B	1000	10.57	11.03
25	Yr 10 Quad C	1000	11.03	11.09
26	Yr 10 Quad D	1000	11.09	11.15
15 minute break for all Regattas Pontoon used from 2000m start only at Champion Lakes Regattas				
27	Freshman Scull A	500	11.24	11.30
28	Freshman Scull B	500	11.30	11.36
29	Yr 9 Scull A	500	11.36	11.42
30	Yr 9 Scull B	500	11.42	11.48
31	Second 8+	2000	11.48	11.54
32	First 8+	2000	11.54	12.06

- For Head of the River, Old Girls Event to be conducted as first Event with Bow numbers supplied by Rowing WA.
- Seeded lanes draws to be conducted at Head of the River for Yr 10 8+ A (7.30am), Second & First Eight (9.45am). A coach or representative from each school must attend, and there will be a **10 minute window period for lane selection**.
- Where more than 7 nominations are received for an event, it will be split into heats, and times will be amended. For Year 9 and Freshman Quad events, races will be split if there are 7 nominations or more.
- If events are too close together for a rower due to the timings, then request can be made to allow more time between events. This will be reviewed on a case by case basis.