

SCHOOLGIRLS ROWING

2013 GUIDELINES

1. HOST SCHOOL ARRANGEMENTS:

• Regatta 1	(25 th May)	St H	↓	Canning Bridge
• Regatta 2	(15 th June)	PC		Canning Bridge
• Regatta 3	(29 th June)	JTC	↓	Canning Bridge
• Regatta 4	(27 th July)	MLC		Champion Lakes
• Head of the River Regatta	(10 th August)	PEN		Champion Lakes

2. OTHER AREAS OF RESPONSIBILITY: (to be rotated annually)

• Secretary School/Boat Coordinator	PC
• Draw	St H
• Programmes and consultation re draw	JTC
• Computing of Results & Media	MLC
• Trophies, Cox Course	PEN
• Videoing of Finishes, Bow Numbers	PLC

3. MEETINGS:

- To be held at the Rowing Secretary School (PC) on Monday mornings at 8.30am.
- A maximum of two representatives per IGSSA school and JTC to attend these meetings. Approval from the committee is required for 3 participants.
- Voting rights - one vote per IGSSA school and JTC
- A meeting of all Coordinators will be held at 7.45am before each regatta to advise of scratching's and to discuss any relevant information. The meeting will be held in the results room upstairs in the ARAWA Clubhouse. At Champion Lakes please meet downstairs at the finishing tower.
- Bow numbers can be picked up from 7.30am from the ARAWA Clubhouse or at Champion Lakes at the finishing tower on Regatta days.
- **Meeting Dates for 2013: Monday 15 April, Monday 13 May, Monday 24 June, Monday 29 July, Monday 19 August. All meetings at 8.30am at the Secretary School **Perth College**, except 15 April and 13 May and 29 July which will be at **St Hilda's** and precede a HOS Meeting.**
- Cox course will be conducted by IGSSA (organised by PEN) on Saturday 11th May

4. OFFICIATING AT REGATTAS:

- Rowing WA will provide officials at all regattas.

5. PENNANTS AND TROPHIES:

- For the four regular regattas one pennant will be issued to the overall winning school. There will be no presentation ceremony for the regular regattas. The pennants will be in the colour of the Host School for that regatta and can be collected from the tally room at the end of the regatta along with results.
- At the Head of the River Regatta trophies will be presented to the winning school for all events:
 - one pennant in the Host School's colours will be awarded to each member of a first placed crew. One pennant for the coach/school for each winning crew will be distributed at the last Rowing Meeting. Only the first eight coach is presented with their pennant.
 - one consistency pennant in black and gold will be awarded to the winning school for the season for all events. The stroke of the winning crew is to collect the consistency pennant.

6. PROGRAMMES:

- The programme for the first 4 regular regattas will show the draw but not the rower's names. (550 of these will be printed). Bundles of 80 will be made up for each IGSSA/JTC school, with the remainder to be left in the clubhouse. Programmes are to be collected in labelled bundles along with bow numbers by each school.
- The Head of the River programme will be a more detailed one outlining the rower's names (1500 of these will be printed and bundles of 200 will be made up for each of the main rowing schools, the remainder will be left in the clubhouse). Programmes are to be collected along with bow numbers by each school. Please provide an up to date version of your school crest to the programme school.
- Head of the River programme must be emailed to Host school and Executive Officer for approval prior to printing.
- The host school crest will appear on the regular regatta programmes. For the Head of the River Regatta programme the crests of all the IGSSA rowing schools plus JTC will appear on the cover.

Schools will submit the names of their Head of the River crews to the draw school – St Hildas Mrs Wendy Honnens email: wendy.honnens@sthildas.wa.edu.au by **12noon on the Friday, one week before the Head of the River.** The format for submitting the names is as follows:

first name then surname for stroke to bow, cox and coach.

**Eg. Clare Reeson, Gemma De Knock, Keith Reynolds, Sally Newmarch, Luke Callier (cox),
Cameron Haines (coach)**

- The Draw will be sent out to schools on the Tuesday prior to the Regatta at 12pm.

7. FEES:

- All rowers will be required to pay a Rowing Levy per rower.
- Each member school must submit their full squad at the end of Term 2 so that the Rowing WA Levy per rower can be finalised (and HOR merchandise names sorted). They will then receive an invoice for the cost and cheques will need to be made out to **Independent Girls Schools Rowing Account**. **Each school that is part of the committee will be required to pay \$4150 to cover seasonal costs at the start of the season.**
- The need for further payments will be reviewed throughout the season.

8. ENTRIES:

Entries will be emailed to Wendy Honnens at St Hilda's by 2pm on the Monday before a regatta.

Online Entry forms can be found on the IGSSA website www.igssa.org.au .

Contact details are: wendy.honnens@sthildas.wa.edu.au

This is the only format entries will be accepted. **The nomination form must include the names of all scullers for each event if they are to be considered for consistency awards.**

- The draw is to be verified by the consultation school, Executive Officer and Rowing WA prior to publication to all schools.
- At the commencement of the Head of the River regatta, schools should submit their substitutions to the computing school (for First Eight Crew only) so that the correct names can be announced at the presentations.

9. CANCELLATIONS DUE TO WEATHER:

- In the case of predicted extreme weather conditions, the Host school in consultation with the IGSSA Executive Officer and Rowing WA will make any final decisions on a regatta's cancellation by 12pm on the Friday before the regatta.
- If an individual school decides to not row in a regatta due to predicted bad weather conditions then the Rowing Coordinator of that school should contact the IGSSA Executive Officer plus all coordinators by 12 noon on the day before the regatta. The school would still be required to carry out any other non-rowing responsibilities it had at the regatta such as hosting, scoring, videoing of finishes etc. The IGSSA Executive Officer will then coordinate what needs to happen as a result of this/these withdrawals.
- In the event of a decline in the weather during a regatta:
 - ♦ Rowing WA to announce correct race times if there are delays and to announce how late each race is to ensure girls are not out on the water waiting for longer than is necessary
 - ♦ If weather deteriorates a meeting is called and 1 representative from each school to speak. As per guidelines there is 1 vote per school.
 - ♦ The weather is checked on a live website for squalls
 - ♦ If weather is poor on website then delay 20 minutes and decide whether the girls on the water need to be returned to school area and possibly race later **or** race from another start point like the 100m or 500m.
 - ♦ Re –assess after the 20 minute delay by checking live weather website again.
 - ♦ Decision made to continue full regatta, cancel some events, or abandon regatta.

RULES AND REGULATIONS

10. General

- a) All events are categorised according to year group within a school. Year groups include Year 9 (clauses 12a-f), Year 10 (clauses 13a-e), Freshman (clauses 14a-d) and Senior (clauses 15a-e).
- b) Year 8 students are permitted to **cox** only in Schoolgirl Rowing Regattas.
- c) A coxswain can be in more than two events at a regatta and is permitted to cox any age group at a regatta. She may also cox in two age groups in the one regatta. This is to ensure that coxswains are suitable and to ensure the safety of all crews.
- d) No rower is permitted to row in different age groups/categories at the same regatta.

- e) Schools are required to fill events top down ie must compete in the A division event, then B division, then C division **except** when granted dispensation on written application to the Schoolgirl Rowing.
- f) In the event of a scratching, the Executive Officer must be notified and crews moved from a lower division to fill the higher division except when a dispensation has been granted. The Executive Officer will notify Shore Control and the scorers of a scratching. *(Eg if the First 8+ are scratched then the Second 8+ should move up to replace them- ie filling all events top down.)*
- g) In the event of a crew being late to the start for the race the school coordinator will notify the referee in the tower of the legitimate reason for lateness and the referee may delay the start at their discretion. If an "A" event rower arrives late and misses her start she may race in the B event but score no points and be recorded as a DNS – Did Not Start. If no notification is received and/or no permission given for a late crew from the tower and the crew is late to the start, the crew is awarded 1 false start.
- h) Girls are limited to rowing in two events per regatta.
- i) A school must have rowed in two regattas prior to the Head of the River in order to nominate a crew for the Head of the River Regatta in that event.
- j) Where a school enters a competitor in a single sculling event, they shall nominate each by name on the nomination sheet if they are to be considered for consistency points. Substitutions are permissible in single sculling events. Notification of this must be made to the Executive Officer prior to the commencement of the event. The Executive Officer will notify shore control and scorers of the substitution.
- k) If three or more crews are **nominated** for an event, then points for that event will count, even if less than three crews race in the event at the regatta.
- l) Where there are more than 7 nominations for an event, the event will be split into heats. For Year 9 and Freshmen Quads the race will be split if there are 7 or more crews in the race. If the weather is very poor then it is possible to split the event even if there are 6 boats in the races at Canning. These heats will be seeded after the first regatta according to the results of the previous regattas. Seeding for the Penultimate and Head of the River regatta will be determined by the results of all regattas. The first heat shall include the faster competitors and contain the greater number of competitors if there is an odd number of crews.
- m) The Champion Lakes Regattas are fielded from lane 8 to lane 1, so that the closest lanes to the island are always full.
- n) **The Year 10 Eight A, Second Eight Race and First Eight Race, will be seeded with a draw occurring on the morning of the Head of the River Regatta. Year 10 8+ draw to happen at 7.30am, downstairs at the finishing tower, and First and Second Eight draw to happen at 9.45am. A school representative or coach must attend, and there will be a 10 minute window period for lane selection (IGSSA ExO at draw)**
- o) All girls who took part in the Head of the River Regatta are expected to attend the presentation ceremony following the regatta.
- p) Students must be in correct uniform for presentation ceremony and the schools official zoot suit must not be defaced in anyway by written or taped on messages.
- q) The results school will forward regatta results and current standings in the consistency points electronically to all participating schools and the Executive Officer by the Monday following each

regatta. The results school will also forward information to the media and Rowing WA for publication on their website.

- r) Any changes to the rules can only be made at the last meeting of the Association each year to allow schools and coaches ample time to plan their program for the following season.

11) Year 9

- a) Year 9 events include 9A and B Eights, 9A–D Quads, 9A, B Single Sculls.
- b) A school is limited to enter a maximum of:
 - i) two crews for Eight events, (1 in A, 1 in B)
 - ii) four Quad events (1 in each division A, B, C and D) and
 - iii) two entries for Single Scull events (1 in A and 1 in B).
- c) A Year 9 may only row in 1 Quad Scull event at a particular regatta.
- d) A year 9 rower is eligible to row in Freshmen provided she has not rowed in a year 9 event at the same regatta. A year 9 rower is not permitted to row in a year 10 or Senior event
- e) In principal Rowing Co-ordinators should make every effort to keep 9C and 9D Quads for less capable rowers. In the case of decimation of crews, then 9C Quad may use members of the Eights to fill in.
- f) Girls rowing in the Year 9 D Quad Sculls are not permitted to row in Year 9 Eight events at the same regatta. This event is for smaller or less capable rowers and are a unique group who only scull.

Hence it is possible for 34 rowers to participate in any one regatta.

12) Year 10

- a) Year 10 events include 10A and B Eights, 10 A – C Quads, 10 A, B Single Sculls.
- b) A school is limited to enter a maximum of:
 - i) three crews for Eight events (1 in A, 1+ in B division)
 - ii) three crews for Quad events
 - iii) two Single Scull events (1 in A and 1 in B).
- c) Year 9s are not eligible to row in year 10 events, however freshman are if in year 10 (but they cannot row in both categories in the same regatta).
- d) A Year 10 student is eligible to row in a Senior event, provided that she has not rowed in a year 10 event at the same regatta, and that the Schoolgirl rowing committee is notified.
- e) If a year 10 is to row regularly as a Senior, it must be tabled at a Schoolgirl Rowing meeting. A year 10 student may replace a Senior rower due to illness or injury provided she does not row in the year 10 category at the same regatta.

Hence it is possible for 38 rowers to participate in any one regatta.

13) Freshman

- a) A freshman rower is defined as a girl year 9 to 12 who has not competed in a sweep or scull event in any regatta in any state or country prior to the first Schoolgirl Regatta of the competition season in question.
- b) Girls who have coxed races previously are still considered to be freshman, provided they meet the above criteria.
- c) If a Freshman Sculler is rowing in the Freshman Quad as well they must ensure they are able to make the start. The gaps at Champion Lakes in the programme to be adhered to especially for Freshman events.
- d) Freshman events include Freshman A and B Eights, Freshman A – C Quads, Freshman A and B Single Sculls.
- e) A school is limited to enter a maximum of
 - i) three crews for Eight events (1 in A, 1+ in B division)
 - ii) three crews for Quad
 - iii) two crews for Single Scull events (1 in A and 1 in B).

Hence it is possible for 38 rowers to participate in any one regatta.

14) Senior

- a) Senior events include First and Second Eights, Senior Quads A-D, Schoolgirl Sculls A, B.
- b) A school is limited to enter a maximum of:
 - i) three crews for Eight events (1 in A, 1+ in B division),
 - ii) four crews for Senior Quad events (1 in A, 1 in B, 1 in C, 1 in D)
 - iii) two entries for Single Scull events (1 in A and 1 in B).
- c) In special circumstances due to illness/injury and in extreme cases, a school may request dispensation to row only their Senior Eight crew in the Second Eight event. Their times and performance shall be reviewed following the first two regular regattas and the decision made as to whether they shall remain in this event or move to the First Eight event for the remaining regattas.
- d) Rowers in the Schoolgirl Scull A event, shall be the school's highest ranked Year 11 or 12 Senior Sculler nominated for a single scull event.
- e) The Schoolgirl Scull B shall be the school's second ranked Year 11 or 12 sculler

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15. Breach of Rules

In the event of a breach of the rules and regulations, a crew will be disqualified from the regatta and points for that regatta and the season adjusted accordingly. Any concerns should be expressed to the Executive Officer.

16. POINTS ALLOCATION:

EVENT	1st	2nd	3rd	4th
1st Division 8's (all years)	32	24	16	8
2nd Division 8's & 1st Division Quads(all years)	16	12	84	
2nd, 3rd & 4th Division Quads (all years) & First Scull (Schoolgirls)	8	6	42	
Sculls (all other years & divisions)	4	3	21	

For B, C & D Division events, points are awarded only if there are **three or more crews nominated** for the event

17. ORDER OF EVENTS

2013 REGATTA TIMETABLE AND ORDER OF EVENTS

EVENT NO.	2013 EVENT	DISTANCE	REGATTA 1 - 4 TIME	H.O.R. REGATTA TIME
0	Old Scholars 8+	1000	NA	8.30
1	Senior Quad A	1500	8.30	8.36
2	Senior Quad B	1500	8.36	8.42
3	Senior Quad C	1500	8.42	8.48
4	Senior Quad D	1500	8.48	8.54
5	Yr 10 8+ A	1500	8.54	9.00
6	Yr 10 8+ B	1500	9.00	9.06
7	Schoolgirl Scull A	1500	9.06	9.12
8	Schoolgirl Scull B	1500	9.12	9.18
20 minute break for all Regattas				
9	Freshman 8+ A	1000	9.32	9.38
10	Freshman 8+ B	1000	9.38	9.44
11	Yr 9 Quad A	1000	9.44	9.50
12	Yr 9 Quad B	1000	9.50	9.56
13	Yr 9 Quad C	1000	9.56	10.02
14	Yr 9 Quad D	1000	10.02	10.08
15	Yr 10 Scull A	1000	10.08	10.14
16	Yr 10 Scull B	1000	10.14	10.20
17	Freshman Quad A	1000	10.20	10.26
18	Freshman Quad B	1000	10.26	10.32
19	Freshman Quad C	1000	10.32	10.38
20	Yr 9 8+ A	1000	10.38	10.44
21	Yr 9 8+ B	1000	10.44	10.50
22	Yr 10 Quad A	1000	10.50	10.56
23	Yr 10 Quad B	1000	10.56	11.02
24	Yr 10 Quad C	1000	11.02	11.08
15 minute break for all Regattas Pontoon used from 2000m start only at Champion Lakes Regattas				
25	Freshman Scull A	500	11.17	11.23
26	Freshman Scull B	500	11.23	11.29
27	Yr 9 Scull A	500	11.29	11.35
28	Yr 9 Scull B	500	11.35	11.41
29	Second 8+	2000	11.41	11.47
30	First 8+	2000	11.47	11.53

- For Head of the River, Old Girls Event to be conducted as first Event with Bow numbers supplied by Rowing WA.
- Seeded lanes draws to be conducted at Head of the River for Yr 10 8+ A (7.30am), Second & First Eight (9.45am). A coach or representative from each school must attend, and there will be a **10 minute window period for lane selection**.
- Where more than 7 nominations are received for an event, it will be split into heats, and times will be amended. For Year 9 and Freshman Quad events, races will be split if there are 7 nominations or more.
- If events are too close together for a rower due to the timings, then request can be made to allow more time between events. This will be reviewed on a case by case basis.